

## The Master Level

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Thank you for your interest in continuing your spiritual path towards attainment of the Master Level. All instructors at The Reiki Center have made a personal and professional commitment to the art and science of Reiki and look forward to providing instruction to you in the traditional Usui Shiki Ryoho method.

## The Traditional Master Level

Reiki practitioners in the United States receive training in one of two basic paths: the traditional (original) method or the Western (modern) method. The Reiki Center only teaches in the traditional method which features:

- Coursework and practices which follows the original teachings of Mikao Usui
- Ten personal hands-on attunements (four in Reiki 1, four in Reiki 2 and two in the Master Level.) All ten attunements are different. Attunements are designed to individually recognize and respond to each student's needs.
- Recognition and honoring of lineage.
- Focus on the spiritual nature of Reiki, including energetic protection, how to identify and connect to Guides and Helpers, incorporation of affirmations, Reiki Principles, and Three Pillars of Reiki.
- Classes are taught in small groups with ample hands-on practice and opportunity to discuss application of techniques.
- Personal and continuing relationship with the teacher, including an Apprenticeship period or other opportunity to work closely together to advance the student's skills, and Mentorship, which provides opportunities for co-teachng
- Students must be invited into the Master Level class in recognition of skills and commitment, rather than signing up for the class as for the first two levels.
- One class for the Master Level, which will provide all the information needed to offer your own classes, if that is your path. In contrast, the modern format requires two separate classes. Upon completion, the student will have both the training and awareness of all Master Level materials, as well as a full comprehension of the ritual of attunements and Master symbols.

## **Qualifications for the Master Level Candidate:**

To be accepted into the Master Level Program at The Reiki Center, each student must have successfully completed the Internship Program, ideally has served in the Apprentice Program, and has demonstrated achievement, competence and confidence in the following areas:

**Experience:** Have you had so many experiences with different responses to treatment that you're no longer surprised or wonder what to do? Do you demonstrate

confidence? This level allows you to share your knowledge with others as a teacher and a mentor. Only extensive hands-on experience provides this base of support.

Do you engage in professional development opportunities to further expand your skills, intuitive abilities and confidence? Participation in monthly shares or wellness fairs increases awareness of different physical, emotional or spiritual challenges, as well as exposing the student to a wide range of challenges. Participation in advanced studies, including the Internship Program, is required to further broaden awareness. An Apprenticeship may be offered to select students, providing an opportunity to fully engage in a client session under the supervision of a Master Teacher.

**Commitment:** Can you not even imagine your life without this deepening experience? Is your first response to any challenge to do the symbols, send distance to offer Reiki to the situation, or ask the Universe for help in dealing with your own concerns? Do you have a passion to teach the techniques to others?

**Personal Development / Integrity:** How well will you represent the core truths of Reiki? Have you actively pursued the resolution of emotional or spiritual challenges? Have all depths of your soul been thoroughly explored and all major issues acknowledged? This does not mean that you don't have physical challenges or that you never become discouraged or upset, but that you serve as an example of continuous self-awareness and self-improvement. You have acknowledged your fears and inhibitions, your shadow self with all of its many components. You realize that you are more effective in working with others if you have addressed issues in your own life.

How often do you receive sessions? Do you only provide treatments, but do not feel the need to receive? The most effective practitioners are those who acknowledge and accept a lifelong responsibility to working on themselves, releasing deeper memories and beliefs and accessing new levels of awareness.

How motivated are you to talk about the benefits of a traditional Reiki education? How motivated are you to teach in a traditional manner, if that is your path?

The Master Level sets you on a different path. This is the spiritual side of you. How open are you to turning yourself over to a more spiritual acceptance of your life? You have to be ready for it. Without all the preparation of your mind, body and spirit, the knowledge you get at the Master Level will not be as meaningful.

**Release of Ego:** The Master Level is recognition of accomplishments, not a springboard for the acquisition of additional skills. It is about losing the egotistic self to gain a greater awareness of the depth of the Spirit.

**Cost** is \$1,000 payable upon acceptance.

**Application:** Interviews prior to acceptance in the program will determine the student's personal and professional readiness. It is presumed that advanced students of the Center have the technical skills. Students of other schools may be asked to demonstrate technical and educational abilities to determine equivalent education. (rev. 3/24)