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www.thereikicenter.net/stone-soup-project.html

2020 Annual Report

President's Report *Kaye Smith*

As we move into the new year, I feel that 2021 is going to be a year of healing for so many people. Stone Soup Project came to a halt last year. So many people needed help, but agencies were hesitant to welcome our services.



Although we weren't able to do our wellness fairs, we still found ways to make a difference. We were able to help our partner, the YWCA, by offering distance sessions by our volunteers. Some of our volunteers who were comfortable working in person took on a few clients in need of help at The Reiki Center. Our Animal Reiki volunteers spent some time monthly at PBJ Connections offering Reiki to some pretty amazing horses, donkeys and even a mini pig.

I'm pleased to announce that SSP now has our first Director. Martha Gifreda had just started in the position when we were forced into COVID shutdown. I look forward to having Martha's leadership when we resume activities. We also welcomed Don Haley as Treasurer in 2020.

Thank you to all of you who gave your time and energy to SSP in 2020, with my special thanks to our amazing Volunteer Coordinator Heather Isler.

I look forward to the new year bringing in a time when we can all come together once more and help our partners and each other heal.

Director's Report *Martha Gifreda*

Well, this has certainly been a year. We had just about enough time to inhale when bam! Covid. Suddenly, everything shut down. We all learned more than we could ever want to know about viruses, antibodies, community spread, and ventilators. In order to stay safe ourselves, and keep those around us safe, we began very restricted lives. But as various activities and people began to drop from our lives, one by one, we found an opportunity to reevaluate our way of life. What do we really miss? What turns out to have been just habit? How will we use the space that is opening up? This is hard, really hard, but let's not miss out on the opportunity to learn and grow.



Then I found this poem in my journal, which I think maybe says it better:

Winter

Now we scrape down to the bone;

To the absolute necessities;

To the skeleton.

Nothing is optional in winter.



Spotlight on PBJ Connections



SSP volunteers visit each month to provide Reiki to PBJ Connection's support animals.



Jan - March 2020 Partnerships

Following is a listing of community partners who worked with Stone Soup Project volunteers prior to March's COVID shutdown:

PBJ Connections
 YMCA
 Chalmers Wylie Veterans Clinic
 YWCA
 Free Reiki Clinic at The Reiki Center

2020 Financial Report Don Haley

January 1 balance	\$7,786.09
2020 Deposits	\$2,767.84
2020 Withdrawals	\$1,192.97
December 31 balance	\$9,363.66

2020 Statistics (January - March)

Total service hours	140
Events hosting SSP	14

2020 Board of Directors

Mickey Stephan, Sue Marting, Yalan Weasner, Linda Haley, Kaye Smith, Martha Gifreda, Don Haley

Appreciation is extended to Cheri Roof who retired from the Board in 2020.

January - March 2020 Board Action

- * New volunteer orientation
- * \$25 volunteer application fee enacted
- * Position descriptions developed
- * Committee structure replaced with Committee of the Whole
- * Storage of documents on Google Drive
- * Review of SSP Bylaws

For additional information on Stone Soup Project, please email stonesoup@thereikicenter.net or call The Reiki Center at 614-486-8323.