

The Stone Soup Project

2018 Annual Report

A Letter from Linda

Dear Friends,

In 2012, I was part of a small group of idealistic wellness practitioners who envisioned a community in which people and animals were living healthy, balanced lives, regardless of their lot in life. We imagined a program that would serve Central Ohioans living in the margins of society, people who might benefit most from the holistic therapies we offered — Reiki, massage therapy, reflexology, and the like — but lacked the awareness and resources to attain them.

We felt strongly that poverty, disability and other challenges shouldn't be barriers to better health and wellbeing. We concluded if our struggling fellow citizens couldn't come to us, we would go to them. And we'd do it for free.

We officially established the Stone Soup Project (SSP) as a 501(c)3 nonprofit organization in April 2013. Our goal was to serve as a bridge between our volunteer practitioners and local social service agencies who support underserved populations. In this arrangement, the agencies would coordinate the logistics of providing space and individuals to be served, while SSP would provide the hands-on therapies.

Nearly six years later, I'm happy to report this partnership has proven to be a winning combination for all concerned. In 2018, our services have reached over 1,000 clients and our volunteers have logged almost 700 hours over 45 events throughout the year. Sponsored by The Reiki Center, the region's oldest and largest natural wellness facility, SSP is filling a gap that exists in our community.

I have had the pleasure of serving as SSP President since its creation, and now turn the office to someone I have known and admired for several years. Kaye Smith has not only distinguished herself as the Director of The Reiki Center's Animal Wellness division but also serves as one of the Center's core Reiki practitioners and instructors. I have every confidence in her ability to lead SSP as we seek to expand our reach, touching and healing lives where we are needed most.

My best,

Linda

Linda Haley, RMT
Past President, Stone Soup Project
Director, The Reiki Center



Linda Haley, RMT

*Did you know?
Stone Soup is a reference
to a fable of the traveler
whose boiled stone is
transformed into a
delicious soup through
donations of a potato, a
carrot and a cabbage from
helpful bystanders.*



Stone Soup
Project

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Client Outcomes



Kaye Smith providing Reiki at a Stone Soup event

We've had an extremely successful year serving our clients and the community with care. Here are just a few of our client outcomes in 2018:

- ◆ 1287 volunteer hours served
- ◆ 30 volunteers
- ◆ 45 events
- ◆ 615 administrative hours

"You can feel the stress leaving your body!"...satisfied Stone Soup client

Animal Reiki Services

Animals are a special population within our Stone Soup family. We provide free sessions to both rescue animals and the public. With the animal rescues we donate services both to animals within the rescue itself and also services to their silent auction/raffles. Over the past year, we have donated to: Friends for Life Animal Haven, Speak! for the Unspoken, Cause for Canines and Pawsavers. We have attended events for Buckeye Bulldog Rescue, Friends for Life Animal Haven, Pawsavers and Speak! for the Unspoken.



BOARD MEMBERS

Kaye Smith, President

Karan Froom, Vice President

Martha Gilfreda, Treasurer

Cheri Roof, Secretary

Linda Haley

Sue Martling

Cindy Patterson

Yalan Papillons

Patrice Rancour

Michael Stephan

Natalie Zimmerman

Meet Our 2019 Board

Our board consists of 12 dedicated volunteers and business professionals who donate their time and talents to make sure that Stone Soup clients receive the best outcomes and services. We are always looking for new members who can help further our cause and purpose in the communities we serve. Please contact Kaye Smith at The Reiki Center (614-486-8323) for additional information.

Follow us on Facebook:
www.facebook.com/stone-soup-project