



Volunteers Provide Nurturing Holistic Wellness Services to WHV Residents and Staff

Wexner Heritage Village is synonymous with well-being. One of the many ways we demonstrate this is by offering complimentary holistic wellness services to Creekside residents and WHV staff monthly. We partner with the Stone Soup Project, a nonprofit organization dedicated to providing healing services to targeted populations such as seniors. The Stone Soup Project was created in 2012 as the nonprofit arm of The Reiki Center of Columbus, which is the oldest and largest natural wellness center in Central Ohio. Their services are delivered by skilled, trained, vetted volunteers who are licensed therapists and certified practitioners in modalities like reiki, massage therapy and reflexology. They offer their time and services on a pro bono basis to benefit those who might not otherwise have access to healing therapies. Whether you are a Creekside resident or a member of the WHV staff, the second Monday of the month from 5:30 to 7:00pm, WHV is the place to be for stress reduction and relaxation. Participants have said that they never sleep better than the evenings that they receive these services.



Additionally, the Stone Soup Project provides similar services three times a year to support the Zusman Hospice staff. Caring for those at the end of life requires a unique set of skills and emotional capacity. Providing opportunities for relaxation, stress reduction and rejuvenation can be very helpful.

According to Linda Haley, founder and President Emeritus of the Stone Soup Project,

“Volunteers in Stone Soup Project, certainly look forward to our time at Wexner Heritage Village. Residents and staff receive the benefit of compassionate touch, while the volunteers receive the benefit of receiving their sincere appreciation. It is definitely a win-win for everyone.”



Tracey Ballas
Volunteer and Outreach Coordinator