



# Healing Thoughts

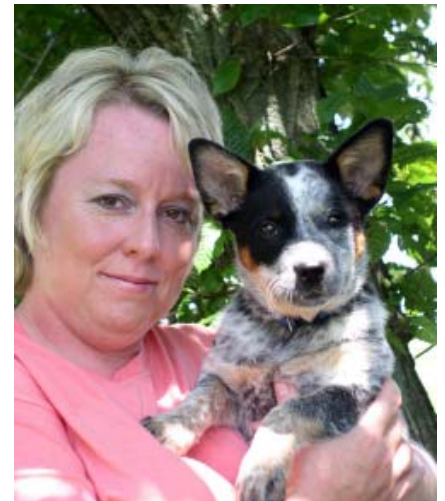
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**CATHOLICS VS REIKI:** The U.S. Conference of Catholic Bishops' Committee on Doctrine in late March dismissed Reiki as incompatible with Christian belief or scientific teaching, and said it is inappropriate for use in Catholic institutions, including hospitals, retreat centers and schools. In their "Guidelines for Evaluating Reiki as an Alternative Therapy," the bishops said it lacks scientific credibility and that it is not included among the only two types of healing recognized by the church: through divine grace and through the powers of nature, including medicine. The doctrine states that "For Christians the access to divine healing is by prayer to Christ as Lord and Savior..." as the only approved method. The announcement has generated considerable consternation among Reiki practitioners who are practicing Catholics, especially among nuns who practice in Catholic hospitals and other institutions. Blogs are burning up the Internet ridiculing the announcement. The full doctrine is available at [www.usccb.org/dpp/doctrine.htm](http://www.usccb.org/dpp/doctrine.htm).

**ANIMAL REIKI SESSIONS NOW OFFERED.** Whether at the beginning of life or nearing the end, your pet isn't able to communicate its physical or emotional pain, yet each owner knows when his pet companion needs additional attention. Animal Reiki is an energetic connection specially adapted to pets and other animals which offers targeted pain and stress reduction techniques. Animal Reiki treatments are now available for \$60/session by calling the Center. Special rates for mobile service.

**PETS AND THEIR PEOPLE:** Why not enjoy your own time for relaxation and healing touch while your favorite animal companion receives his session? You may select half hour sessions of Reiki, CranioSacral Therapy, Guided Relaxation, Detox Foot Bath or one of the other restorative sessions offered by the Center. Left, Animal Reiki Specialist Jennifer Ortman.



Do you have a pet that would benefit by energy work? Or have you always wanted to work with animals?

**ANIMAL REIKI CLASSES** will be held on five dates throughout the summer. Cost of the one day class is \$300.00. Each will be held from 9:00 am to 5:30 pm on the scheduled day. Classes are scheduled for the following days: Saturday, June 13; Sunday, June 14; Saturday, July 18; Sunday, July 19; and Saturday, August 15. Note: this class is only for advanced energy practitioners. Individuals who wish to take the class who are not graduates of The Reiki Center's Advanced Practitioner Class are asked to contact the Center to see if they will be eligible.

**MIND-CONTROLLED WHEELCHAIR ANNOUNCED:** A research team of the University of Zaragoza (Spain) has developed a prototype of a brain-actuated wheelchair. During May 2008, five subjects, only using their thoughts, successfully carried navigation and maneuverability tasks with the wheelchair in the University. The non-invasive method to record the human neural activity was the EEG and the wheelchair was robotized and equipped with a laser sensor. <http://webdiis.unizar.es/~jminguez/wheelchair/>

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Congratulations to the Center's hypnotherapist **ERIC NUTTER**, left, who recently earned his Master Hypnotherapy certification.

Learn how to work with the power of vibrational healing at a **SomaEnergetics TUNING FORKS LEVEL I CLASS**, scheduled for Saturday, June 27 and Sunday, June 28 from 9:00 am to 5:00 pm each day. Total cost of the two day class is \$515.00 (The cost of the tuning forks, including sales tax, is \$266.00 and the cost of the class is \$249.00).

**OPEN HOUSE SET FOR SATURDAY, JUNE 6.** Would you like to experience one of the other healing modalities at the Center? How about bringing someone who hasn't yet discovered the art and science of energy healing? Come to the Center on Saturday, June 6 from 12:30 - 4:30 pm for an afternoon of pure delight. Experience hands-on bodywork, vibrational healing with tuning forks, a detox foot bath, or a short group hypnosis demonstration! We will even be offering Feng Shui consultations! Just bring in a floor plan or diagram of your house or office along with a specific question you would like to discuss (regarding Relationships, Health, Career, Prosperity and Abundance, etc.) It's all free (although donations are gratefully accepted), with ample parking at the Center and in the adjacent medical center's lot.

Practitioners who have attended our monthly Shares have had an opportunity to witness first hand the power of Reiki Master and Shaman Crystalla's amazing abilities. Now you can discover your totem animals, as well as how to access other levels of consciousness, at **INTRODUCTION TO SHAMANIC JOURNEYING**. Crystalla's class has been scheduled for Sunday, June 7; Sunday, July 12, and Sunday, August 9. Cost of the one day class is \$95.00. The class will be held from 10:00 am to 4:30 pm.

**MICROSOFT EMPLOYEES NOW HAVE THEIR OWN REIKI TREATMENT CENTER** at their Redmond, Washington site. The addition is among many enhancements, like buying a beer or replacing a bike tire, that is now part of what is called "the world's largest corporate campus." Columbus Dispatch, April 27, 2009, pA7. Read the entire story here: [http://www.dispatch.com/live/content/business/stories/2009/04/27/microsoft\\_campus.ART\\_ART\\_04-27-09\\_A7\\_D6DLNOD.html?type=rss&cat=&sid=101](http://www.dispatch.com/live/content/business/stories/2009/04/27/microsoft_campus.ART_ART_04-27-09_A7_D6DLNOD.html?type=rss&cat=&sid=101)

Do you have books, CDs or DVDs that you think others might enjoy? Why not donate those materials to The Reiki Center's **LENDING LIBRARY**? Perhaps pick up something to borrow while you're here! All donated items are asked to reflect the Center's focus on wellness, holistic modalities and spirituality.



**WOULD YOU LIKE TO UNDERSTAND AND INTERPRET YOUR DREAMS?** Learn to identify how the elemental energies manifest in your dreams and in your life on August 8 from 1-5 pm with Jenny Sieck, left. Jenny explains: "We'll consider earth, air, fire, and water, and discover where you resonate by looking at your dreams and visions. This work utilizes archetypes—or patterns and themes found in nature to help you accept, and explore your own uniqueness and to recognize it for the gift that it is. In working with dreams, elements and images we can learn to notice and engage all parts of life with depth and reverence. To register, call 486.8323.

**REIKI I CLASS:** Would you like others to know how to use energy to work on themselves or friends and loved ones? Reiki I classes are scheduled for May 16-17, June 20-21, July 25-26, August 22-23, and Sept 19-20 from 9 am – 5 pm each day. Cost of the two day class is \$200.00. **REIKI II CLASS:** Extend your abilities through the use of symbols and then learn how to develop your mental abilities with Distant Reiki. Classes are scheduled for May 9-10 and August 1-2 from 9 am – 5 pm each day. Cost of the two day class is \$250.00.