



Healing Thoughts

October - November 2009

1540 West Fifth Avenue
Columbus, Ohio 43212
(614) 486-8323
www.thereikicenter.net
info@thereikicenter.net



REIKI CENTER WELCOMES DR. SUSAN WAGNER

The Reiki Center welcomes Dr. Susan Wagner, a board certified veterinary neurologist whose pioneering work acknowledges the bio-energetic interaction between people and animals. She is an advocate for change in the areas of interpersonal violence and animal welfare, and works toward greater understanding surrounding the health implications of the human-animal bond. Dr. Wagner received her DVM from The Ohio State University College of Veterinary Medicine. She also received an MS in Veterinary Clinical Sciences and board certification in veterinary neurology. After practicing academic and private specialty veterinary medicine, Dr. Wagner's interest in public health fueled a change to the human field. She spent time with OSU Managed

Health Care Systems as research coordinator, and worked with the Faculty and Staff Wellness Program, The Wellness Collaborative and The OSU Integrative Health and Wellness Initiative. Dr. Wagner recently co-authored a book entitled *Through A Dog's Ear: Using Sound to Improve the Health and Behavior of Your Canine Companion*, and was research director for the *Through A Dog's Ear* CD series. She is an Adjunct Assistant Professor at The Ohio State University Veterinary College, and the human-animal bond expert on Care2.com. Dr. Wagner is also an energy practitioner for animals and people, and has been seen on CBS *Early Morning* and *The Today Show* on NBC.

SAMANTHA MATTHEWS IS NEW BUSINESS MANAGER for The Reiki Center. Samantha worked in Sales and Marketing for over 15 years for companies including Dave & Busters, Champps Entertainment, Schmidt's Catering, Darby House and Monaco's Palace. She has experience in corporate and private event coordination, project management and multi-unit business management. In the area of energy work Samantha has studied the DeMartini Methods, Akashic Records and will soon be a certified Advanced Reiki practitioner.



SHAMANS MEET WESTERN MEDICINE The healing traditions of Hmong people are being recognized at the Mercy Medical Center in Merced, California. Mercy is the first hospital in the U.S. to create a policy allowing certified shamans to perform spiritual ceremonies for their Hmong patients. Eighty-nine shamans took a 7-week training period to learn principles behind western medicine. The shamans are allowed the same unrestricted access to patients given to clergy members. [About.com: Holistic Healing. 9/20/09]

CELEBRITIES SUPPORT ANIMAL REIKI Jennifer Aniston's dog Norman, a Corgi-Terrier mix, receives weekly Reiki to help with arthritis and other age-related health issues. [<http://entertainment.oneindia.in/hollywood/top-stories/scoop/2009/aniston-breaks-down-121009.html>].



MASSAGE THERAPIST TONY DELACRUZ NOW ALSO CERTIFIED ADVANCED CRANIOSACRAL PRACTITIONER Tony DeLaCruz recently completed his second level Cranio-Sacral Training this month with a specialty in advanced treatment of restrictions of the central nervous system. Tony is an accomplished massage therapist specializing in Restorative and Therapeutic Massage at The Reiki Center. For an appointment, please call the Center at 614.486.8323 or email him at anthony@thereikicenter.net

STUDIO SPACE AVAILABLE The Reiki Center is now offering the use of our studios or classrooms for practitioners or teachers who are searching for a safe professional environment for sessions or presentation of programming. Fee is \$25 per hour for a studio and \$50 an hour for the classroom. Call Samantha at 614.486.8323 for additional information.

PHARMACEUTICALS GIANT PFIZER PLEADS GUILTY In the largest criminal fine ever levied against any drug company in the world, a unit of U.S.-based Pfizer, Inc. was sentenced to pay \$1.3 billion in criminal fines and revenue forfeiture. It's all part of a \$2.3 billion settlement announced by the Justice Department. The case centers around Pfizer's criminal "off-label marketing" of four drugs, including the painkiller Bextra. After whistleblowers filed lawsuits in three states, the U.S. Justice Department took an interest in the case and prosecuted [Pfizer](#) for criminal acts. [Natural News, October 19, 2009]

INTRODUCTION TO REIKI (Reiki I) AND ANIMAL REIKI CLASS Have you ever wanted to relieve a headache or an aching muscle without medication? How about having help for your pet at your fingertips? A course manual, binder, handouts, vegetarian luncheons and snacks, and ample supervised practice periods are all included for both classes. Reiki I Classes: Nov. 21 (9am - 5 pm) and Nov 22 (9am - 12:30 pm) and Animal Reiki on Nov. 22 from 1-5 pm. Future Reiki I classes on Dec. 12-13, 2009 and January 9-10, 2010. Cost for the Reiki I class is \$200. Cost for Animal Reiki class on November 22 is \$125. Special: Combined Reiki I and Animal Reiki is \$275. \$50 deposit prior to the class.

ADVANCED REIKI TRAINING (Reiki II) Learn how and when to use the Reiki symbols for maximum benefit, how to provide an effective distant healing treatment, and how to set up a professional practice. Cost for the Reiki II class is \$250, with a \$50 deposit received prior to the class. Fee includes course manual, handouts, vegetarian luncheons and snacks for both days. Upcoming Reiki II Class: January 23-24, 2010.

TUNING FORK CLASS SomaEnergetics is a powerful series of sound therapies that utilize tuning forks calibrated to the frequencies of the ancient Sofeggio scale to help open energy channels for personal transformation and healing. Learn how to bring this profound healing modality to your life and the lives of those around you. Upcoming SomaEnergetics Class: January 16 & 17, 2010. Class Fee is \$515 which includes purchase of set of forks.

ANIMAL REIKI SESSIONS AND CLASSES Animal Reiki is an energy technique is based on the concept of a universal life force flowing in and through all living things. When this energy is low or blocked, we are more likely to get sick and feel stressed. A Reiki session restores this flow of energy that in turn naturally balances the body, mind and spirit. Reiki provides the ability to respond to your pet's needs." Energy healing sessions are held in a specially adapted studio within the Center, with a separate entrance for animal clients. The animal's heightened ability to respond to energy often means that a session usually lasts about 25 minutes. Cost \$60. A mobile service provides treatments to larger animals or those who may not comfortably be transported to the Center. Fee for mobile service is individually determined.

DR. MEHMET OZ and HIS WIFE, REIKI MASTER LISA OZ, premiered "The Dr. Oz Show" September 14. They'll be traveling the country in a large "Highway to Health" bus with an enormous photo of Oz on the side, along with the slogan "Live... Right. Now." Oz invites people to flag down the bus if they have health questions or issues they'd like to talk about with him. [The Reiki Digest, September 19, 2009]

MERCK PHARMACEUTICALS IN COURT FOR DOCTOR "HIT LIST" Previously secret documents that surfaced at a Vioxx court case in April of this year reveal pharmaceutical giant Merck maintained a "hit list" of doctors to be "neutralized" for speaking out against Vioxx. As was reported in *The Australian*, documents that have surfaced in the Federal Court in Melbourne expose the criminal intent of Merck staffers who admitted they intended to "stop funding to institutions" and "interfere with academic appointments." According to on-the-record testimony in this Australian trial, one Merck employee said, in referring to the doctors on the hit list, "We may need to seek them out and destroy them where they live..." *Natural News* notes that "That sounds a lot like a mob boss ordering a hit on a competing street thug, doesn't it?" http://www.naturalnews.com/027116_Merck_doctors_vaccines.html

ANOTHER REASON TO GO ORGANIC There is a "general consensus" that the recent rise in some chronic illnesses – such as asthma, autism, diabetes, allergies, and accelerated aging – seems to correlate with the consumption of genetically modified foods. The American Academy of Environmental Medicine conducted animal studies that found similar results. Dr. P. M. Bhargava reviewed 600 scientific journals and concluded the same. Eight international experts looked over the evaluations of GM food safety by private GM companies and created a report detailing how these companies have "systematically over-look[ed] the side effects," and under-estimated "the initial signs of diseases like cancer and diseases of the hormonal, immune, nervous and reproductive systems, among others." [Health Freedom Alert. 10/10/09]

HYPNOSIS BRINGS RELIEF TO PHOBIAS Most fears and phobias develop due to traumatic experiences and are thus mostly psychological. Researchers also believe that genetics and our brain chemistry also contribute to the development of phobias. *Natural News* reminds readers that a natural treatment that has been shown to help people overcome their fears is hypnotherapy. [Naturalnews.com – September 2, 2009.] To discover how hypnotherapy can improve your life,