



Nature & You: Working with the Elements

Presented from 10am to 3pm
April 18th 2010

Earth, air, fire & water speak a unique language in nature & in you. Learn how to tap into this way of seeing & being. How do the elements speak to each of us? Which elements do you most resonate with? This workshop will incorporate Shamanic principles as well as being interactive & drawing from your experience of nature & yourself. Bring your curiosity & the desire to see yourself anew. This \$95.00 workshop will be coming on April 18th from 10:00 to 3:00. Please call The Reiki Center to reserve your spot!

Workshop Goals:

- Become comfortable with Self through learning how you resonate with each natural element and which element works best for you.
- Appreciate the strengths and weaknesses of your own nature creating a deeper knowledge of Self.
- Develop an awareness of areas within your psyche that need positive attention, focus & balance.
- Learn to recognize the elements occurring in your dreams as expressions of your expanding Self and how to interpret.

Meet Jennifer Seick:

Reverend Jennifer Seick attained her M.A. in Counseling Psychology from Pacifica Graduate Institute and is trained as a Jungian focused Counselor. In addition to formal training Jennifer has also been a professional intuitive for many years. She has done alchemical energy balancing, counseling her clients about how to work with earth, air, fire and water, energies in nature to increase their happiness and wellbeing. She is honored to teach you about how to work with this elegant system in nature & in you!

Workshop fee is \$95.



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